

ONTARIO HOME ECONOMICS  
ASSOCIATION ANNUAL CONFERENCE:  
"CREATING CONNECTIONS"  
SATURDAY MARCH 21, 2020

7:30 AM	REGISTRATION AND BREAKFAST NETWORK, VISIT EXHIBITS, BUY RAFFLE TICKETS
8:30 AM	WELCOME – EMCEES MICHELE MCADOO & MAIRLYN SMITH
8:45 AM	CREATING CONNECTIONS - A #CANOLACONNECT COMMUNITY <b>ELLEN PRUDEN</b> DIRECTOR OF CANOLA EAT WELL PANEL: <b>MAIRLYN SMITH</b> , PHEC, <b>ERIN MACGREGOR</b> , PHEC, RD. <b>ERIN JACKSON</b> , FARMER
10:15 AM	FINANCIAL CONNECTIONS - <b>SHANNON LEE SIMMONS</b> YOUR CASH FLOW IS CONNECTED TO YOUR HAPPINESS. HOW TO PRIORITIZE SPENDING AND SAVINGS TO THRIVE
11:00 AM	FIT BREAK: STUDENT-LED NETWORK, VISIT EXHIBITS, BUY RAFFLE TICKETS
11:15 AM	BUILDING CONNECTIONS TO DRIVE YOUR SUCCESS <b>ALLISON JORGENS</b> , P.H.EC
12:00 PM	LUNCH NETWORK, VISIT EXHIBITS, BUY RAFFLE TICKETS
1:00 PM	OHEA AWARDS PRESENTATION INTRODUCTION OF OHEA BOARD MEMBERS
1:15 PM	SUSTAINABILITY PANEL AGRICULTURE: <b>WILL SHEARD</b> OF SUNNYMEAD FARMS CO-LIVING: <b>LESLI GAYNOR</b> , OWNER OF WWW.COGOSOLUTIONS.CA AND SALES REPRESENTATIVE AT FOREST HILL REAL ESTATE INC. FOOD RESCUE: <b>MADISON MAGUIRE</b> , EXECUTIVE SUPPORT MANAGER, SECOND HARVEST
2:45 PM	FIT BREAK NETWORK, VISIT EXHIBITS, BUY RAFFLE TICKETS
3:00 PM	MENTAL HEALTH/SOCIAL CONNECTEDNESS - <b>CHLOE CHOW</b> , CO-FOUNDER OF <a href="https://ventovertea.com">HTTPS://VENTOVERTEA.COM</a>
4:00 PM	CLOSING STATEMENTS FINAL RAFFLE DRAWS