

ONTARIO HOME ECONOMICS
ASSOCIATION ANNUAL CONFERENCE:
"CREATING CONNECTIONS"
SATURDAY MARCH 21, 2020

7:30 AM	REGISTRATION AND BREAKFAST NETWORK, VISIT EXHIBITS & SILENT AUCTION, BUY RAFFLE TICKETS
8:30 AM	WELCOME – EMCEES MICHELE MCADOO & MAIRLYN SMITH
8:45 AM	CREATING CONNECTIONS - A #CANOLACONNECT COMMUNITY ELLEN PRUDEN DIRECTOR OF CANOLA EAT WELL PANEL: MAIRLYN SMITH , PHEC, ERIN MACGREGOR , PHEC, RD. ERIN JACKSON , FARMER
10:15 AM	FINANCIAL CONNECTIONS - SHANNON LEE SIMMONS YOUR CASH FLOW IS CONNECTED TO YOUR HAPPINESS. HOW TO PRIORITIZE SPENDING AND SAVINGS TO THRIVE
11:00 AM	FIT BREAK: STUDENT-LED NETWORK, VISIT EXHIBITS & SILENT AUCTION, BUY RAFFLE TICKETS
11:15 AM	BUILDING CONNECTIONS TO DRIVE YOUR SUCCESS ALLISON JORGENS , P.H.EC
12:00 PM	LUNCH NETWORK, VISIT EXHIBITS & SILENT AUCTION, BUY RAFFLE TICKETS
1:00 PM	OHEA AWARDS PRESENTATION INTRODUCTION OF OHEA BOARD MEMBERS
1:15 PM	SUSTAINABILITY PANEL - DETAILS COMING SOON!
2:45 PM	FIT BREAK NETWORK, VISIT EXHIBITS & SILENT AUCTION, BUY RAFFLE TICKETS
3:00 PM	MENTAL HEALTH/SOCIAL CONNECTEDNESS - CHLOE CHOW , CO-FOUNDER OF HTTPS://VENTOVERTEA.COM
4:00 PM	CLOSING STATEMENTS FINAL RAFFLE DRAWS & SILENT AUCTION